



OCCUPATIONAL THERAPY

Occupational Therapy (OT) involves the therapeutic use of everyday life activities (occupations) with individuals, groups, communities, and populations to optimize independence, quality of life, and participation in valued life roles. VA's over 2,000 occupational therapists and certified occupational therapy assistants provide Veteran-centric, evidence-based care by addressing the physical, cognitive, psychosocial, and environmental factors that impact Veterans' function and quality of life.

OT services and contributions span VA health system, encompassing a wide spectrum of health conditions and specialty areas:

Aging in Place/Home Safety

Amputation

Assistive Technology

Mental Health

Cancer Rehabilitation

Caregiver Support Program

Chronic Disease Management

Drivers' Rehabilitation

Geriatrics

Hand Therapy

Health promotion and coaching

Home-based Primary Care

Homelessness

Pain Rehabilitation

Seating and Mobility

Spinal Cord Injury/disorders

Brain Injury

Vision loss/low vision

Ask for OT!

For more information at: www.rehab.va.gov/pmrs/Occupational_Therapy.asp

Last Updated: January 2024

VA



U.S. Department of Veterans Affairs

Veterans Health Administration